

## Agnis named Battalion Commander

By: Joy Anne Icayan

The list of the new CAT officers was released last Mar. 19. Mr. Jonathan Alcantara, CAT commandant, named Laurita Precious Agnis as battalion commander.

Other officers are: Jeffrey Arias, executive officer; Enrico Arboleda, adjutant officer; Hazel Rodriguez, intelligence officer; Rowena Olaes, operations, tactical and planning officers and Valerie Joy Siongco, logistics and supply officer.

Company commanders are Dominique Nuevo and Joy Icayan followed by Patricia

Papa as deputy company commander.

Adrian Molina was named chief of military police. Military police staff is Rizelle Marie Paredes.

Moreover, other officers are as follows: Jessie Aguila and Ronald Tongo, guidon officers; Martina Abiera, Dara Leda Aquiler, Dinna Ordinario and Reanne Sta. Maria, platoon leaders and Lalaine Litonjua and Rissa Janiola, cadet corporals.

CAT graduation is on Mar 26.

## Graduates... From Page 1

teachers, Ms. Lucy Penaflor, Ms. Almyra Multas of the Grade VI class and Mr. Rafael Ricasata, Ms. Ana Hernandez and Mr. Ruel Avilla of the Fourth Year class, Atty. Reynaldo Laserna, Mrs. Adelaida Laserna, Nurse Dana Pelayo and Ms. Cecile Atas joined the trip.

Everyone was renewed. The retreat masters were Bro. Armand for the Grade VI class and Bro. Pol Antonio Rolle for the Fourth Year class. On the second day, both the Grade VI and the Fourth Year class were combined.

The three tear-jerker days were spent on reminiscing past life and experiences with family and friends. On the third day, a mass was held on the chapel. The lush green and clean surroundings of St. Scholastica's House of Spirituality rendered a peaceful ambience and contributed significantly to the spiritual revival of each retreatant, enabling them to open up and share their feelings and problems.

## Elocution... From Page 3

first place, Jene Lizette J. Nambayan at Second Place and Rachel Anne M. Vergara in the Third Place.

In Grade 4, Angelica Louise L. Ricasata won First Place, Thea Ruth Frances N. Gonzales won Second Place and Joie Anne Sophie T. Gabrido won Third Place.

## Annual... From Page 3

energize the teachers," explained Atty. Laserna. "Also, the outing has always been a part of our school calendar," he added. Last year's trip was held in Subic Bay. It was an overnight activity.



**THIS IS HOW WE DO IT.** Ms. Neneth Guinto, head of Division I, gives instructions to the teachers who will play Tug of War at Caylabne resort.



**Teachers enjoying their Faculty Development Program last May at the New Amcan Hall.**

## Side Effects of Modern Technology

By: Denise Nuevo

Technology hasn't been such an important figure to most of us. To some, they have no idea what technology is. Technology has everything to do with industrial arts. It affects our daily lives. And it's very important for us to know what kind of technology we have. But keeping up with it is a total headache. Here are instances that show how advanced technology is from past to present:

G-Shock™ watch, watch with GPS transmitter; Internet for Computers via modem, Cellular phones with Wireless Access Protocol; Music CDs, MP3s; SuperNES™, Playstation 2™; PCs, Personal Digital Assistants (i.e. Palm Pilot™); Phone chat, Text Messaging; VCDs, DVDs; Bulky monitors, Flat screens; Plain regulators, UPS; Yellow cabs, Cabs with internet access; Floppy disk drives, Zip drives, DVD-ROM drives, JAZ drives; Digital Displays, Liquid Crystal Displays

These are just some of the many changes in today's technology. The question is, do a lot of people benefit from them? If there are 80 million people living in a country and if only 10 million people can afford this kind of technology, then what about those 70 million who can't? Why can't the government do something about it? Over three-fourths of the country starves while the rich ones

relax and indulge. Then who needs modern technology if only some can benefit from it? Not all can afford and keep up with its changes. Of course when something becomes modernized, it's price does not stay the same. When you go to a shopping mall, where can a hundred pesos take you when you want to buy something that's "in"? Probably it won't even be enough to buy some food and pay for your bus fare. So we just turn to window shopping, as usual.

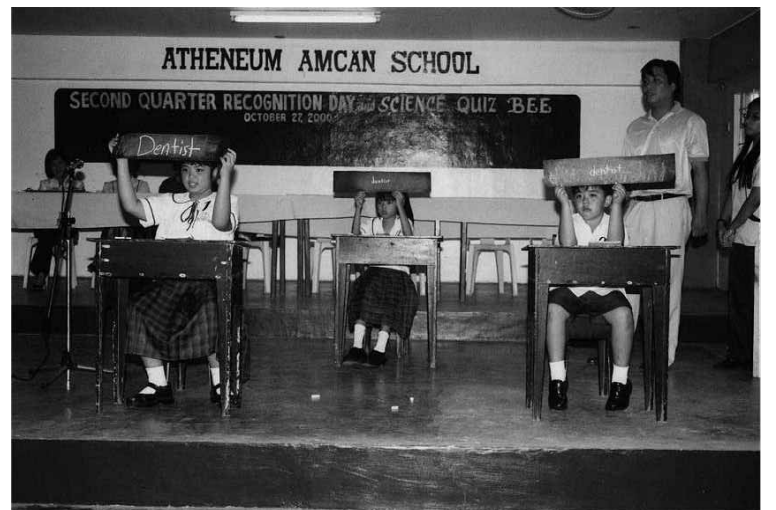
Could modern technology become affordable to most of us? Being advanced really makes our lives better. We better wake up before it's too late for us to realize it, the significance of technology in our lives.

## Relationships... From Page 4

There are a lot others who are torn between the two choices and stayed neutral. Ms. Maureen Diokno, Third Year Argon adviser and Ms. Cecille, First Year Amethyst advisers both said that the effects depend on how the student handles the relationship. Ms. Myrna Vidal told us that it would be better if the relationship is treated as an inspiration to improve one's academic standing. It could be bad if the student takes the relationship too seriously. Public display of affection in campus is definitely a no-no.

There you have it, different people with different views. Let's just put in mind what Ms. Vidal said, "Decency shouldn't be confined to certain places only." So, whether we could handle a relationship or not, we have our dignity and morale to protect.

These are our High School years. Let's make the best of it. What matters is that you go for what's right, what you believe in and what will make you truly happy in the end.



**BRIGHT PUPILS.** Grade 2 pupils, Clarise Adriano, Kyra Castro and Einer Cupino show their answers during the Science Quiz Bee at the new Amcan Hall last Oct. 27. (Photo by Mr. Boy Ventura)

## What's hot and what's not?

By Marvin Olaes

From fingers to calculators; from sundials to digital watches; from nuts to stone houses – all of these have changed from time to time and from generations to generations. Yesterday, fans were used, today, remote-controlled air conditioners. Well what more when tomorrow comes? Time passes so quickly like the blink of our eyes and the snap of our fingers. Like fads and trends also pass so quickly. What exactly are fads and trends?

Well, according to my researches and interviews, these trends are things that are new and what most people do or mostly wear. These things are used only (if not) for showing off. Trends come in full

circle. They have been there before and they will be surely in again.

Nowadays, people, especially the girls wear sexy and revealing attires compared with those long dresses many years ago. If before, fans were in the hands of people, now, cell phones, palm-held computers and other electronic gadgets have become their favorites. In music, Mozart, Beethoven and Sousa's songs were played. Now, Britney, Christina, BSB, N'SYNC, Eminem and other bands' songs are sung and played all over the world.

Sometimes, it's funny to think that people just follow whatever they see and hear. They don't care if it makes them look dumb or not. Some-

times, they don't mind if people look up to them and say, "Wow, mukha kang tanga!" For them, what matters is that they're 'cool' and that they're 'in'. They don't think that they're just wasting their money instead of spending on something that they'll really need. Why don't we just be on our own? Wear what we really need to wear and say what we only need to say. We should all be practical. We must be as simple as God wants us to be. Why do we have to be fooled by the trends that come to our lives? Let's be ourselves and never pretend to be someone else.

So don't be a prisoner of these fads and trends.